

# Ken Shim, RMT

## *Informed Consent for Massage*

This record of consent will be maintained confidentially in your file and is required before any new treatment can commence.

Massage Therapy includes the assessment and treatment of the soft tissues and joints of the body, by means of any, or some of, the following: soft tissue manipulations, joint mobilization, hydrotherapy, remedial exercise programs, and directed self-care programs.

Please read the following and check if fully understood:

- All massage treatments, information, and records will be safeguarded and remain confidential.
- In the event that client information needs to be shared, written consent will be first acquired from the client.
- The integrity of each client is respected. Thus:
  - Privacy for undressing/ dressing will be assured. Removal of clothing to your comfort level is recommended
  - Proper draping will be provided to assure security and privacy. Only the body part being treated will be undraped, leaving the remainder of the body fully draped at all times.
  - The therapist will use a pain scale from 1 to 10 and should not exceed a pain of level 7. (1 can be described as having no pain and 10 is described as the most excruciating pain possible). Communicate with the therapist to ensure that he knows your level of comfort during the entire session.
- Promptness is required for appointment times. In the event of lateness, the massage may be cut short. Fees will be maintained as per the schedule.
- Payment is accepted at the time of treatment. Receipts will be issued.
- The client may refuse, modify, or terminate treatment at any time, regardless of prior consent given.
- The therapist may refuse to treat any client or part of their body with just and reasonable cause.

I, \_\_\_\_\_, have read and understand the information contained in this form and consent to be treated for conditions discussed with the therapist today.

Date: \_\_\_\_\_

Client Signature: \_\_\_\_\_

Therapist Signature: \_\_\_\_\_